



project sunshine

HOW TO MAKE A SURGI-DOLL

SUPPLIES YOU WILL NEED:

- Fabric – use soft cotton fabric in skin tones – beige, brown, etc. You can make 3 dolls from 1½ yd. of 36" fabric.
- Stuffing – use about 2 oz. of stuffing for each doll. Stuffing can be purchased at any craft or fabric store.
- Needle and thread - One sewing needle and spool(s) of thread to match the fabric.
- Scissors – One pair of scissors, sharp enough to cut through several layers of fabric.
- Pattern – Use the pre-made "surgi-doll" pattern.
- Pencil or colored pencil – used to mark the pattern - Use a light colored pencil to mark dark fabric.
- Stick or Ruler – use a wooden spoon, pencil, or ruler to push the stuffing into the arms and legs of the doll.

ASSEMBLING A SURGI -DOLL:

- Each doll requires two pieces of the cut-pattern. Fold fabric into two layers, so that you can cut both the front and back of the doll at the same time. Trace the surgi-doll pattern onto the fabric.
- Cut out the pattern a ½" outside of the line that you traced.
- Place the front and back of the doll together with the "good" side of the material facing the inside (if the fabric is different on both sides.)
- Sew around the pattern, by hand or machine, on the line that you traced, leaving a 4" opening along the inner leg, through which you will stuff the doll.
- After sewing, turn the inside of the material so that it faces out and the stitching is now on the inside.
- Stuff the doll, so that it is firmly filled, but still cuddly.
- Turn the open edge of the material toward the inside and sew it closed by hand, using a needle and thread.